## Men's Health Forum in Ireland: Men's Health Week 2015 - Online Promotion of Events

Men's Health Week (MHW) will run from Monday 15<sup>th</sup> June until Sunday 21<sup>st</sup> June this year. The theme for MHW 2015 is: 'Creating Culture Change - it's time for a new script'.



This focus lends itself to a wide range of ways to mark this occasion. However, you don't have to stick rigidly to this particular topic. Anything which promotes the week and encourages men and boys to lead healthier lifestyles, to be more aware of preventable health problems, to seek early detection and treatment for health difficulties, and to access help and support will be welcome!

The Men's Health Forum in Ireland (MHFI) has created a special section on its website (www.mhfi.org/mhw/mhw-2015.html) to promote the details of any activities or events that will be held throughout Ireland. This will help everyone to find out what is happening during the week, and to get details on how to join in. We also hope that this site will give some profile and recognition to all those groups across Ireland that are doing something for and with men.

Your activity might be health checks, or a conference, or a launch, or a game, or a seminar, or a competition, or a workshop, or a lunch, or a course, or a drama, or a display, or a health fair ...



Whatever it is, if you would like to have the details included on our website, please print this page, and complete as much of the form below as is appropriate to you. Then return it to us by post as soon as possible. Alternatively, you may prefer to submit your details using our online form which can be found at:

www.mhfi.org/mhw/promote-an-event.html

| Name of Event / Activity:  |
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| Date:  |
| Start / Finish Time:   |
| Venue / Location:  |
| Name of Organisation Running Event / Activity:   |
| Brief Description of the Event / Activity - Maximum 150 Words [What it will involve. Who it is for etc.] |
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| Is there an Entry Fee?:  |
| is there all Liftly i ee:  |
| Contact Person:  |
| Telephone Number:  |
| Email Address:   |
| Website Address:   |
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