# REAL HEALTH ADVICE FOR



A range of fun, interactive and totally free health activities and no-nonsense health advice, followed by a hearty supper!

### MONDAY 10TH JUNE - 7.30 TIL 9.30PM

Social Club @ Coleraine Showgrounds
Ballycastle Road, Coleraine

## MONDAY 17TH JUNE - 7.30 TIL 9.30PM

Auditorium @ The Braid Centre Bridge Street, Ballymena

### TUESDAY 18TH JUNE - 7.00 TIL 9.30PM

The Old Courthouse Antrim

### WEDNESDAY 19TH JUNE - 7.30 TIL 9.30PM

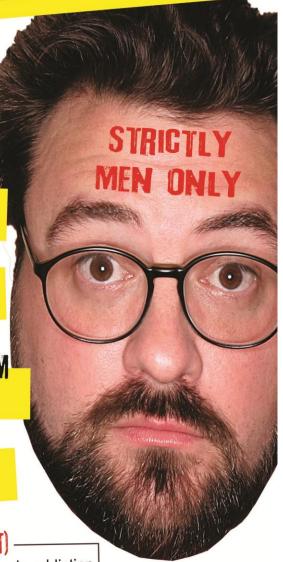
Meadowbank Sports Arena Ballyronan, Magherafelt

# THURSDAY 20TH JUNE - 7.30 TIL 9.30PM

Auditorium @ Ballymoney Town Hall Townhead Street, Ballymoney

### GUEST SPEAKER - CONOR MCCAFFERTY (ZEST)

Conor is a qualified Therapist and Trainer, specializing in addiction counselling and has many years experience working with self-harming and suicidal young people, adults and their families.



A free event funded by

Public Health
Agency