

engage

A comprehensive training programme which aims to 'increase participants understanding of best practice in engaging men with health and social services'.

Wed 27th and Thurs 28th March 2013 • 9.30am - 4.30pm
Clooney Hall, Waterside • Londonderry



**MEN'S
HEALTH
EVENTS
2013**

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The most comprehensive overview of mens health in Ireland, giving those interested in or tasked to work with men invaluable, researched and practicable knowledge of how to engage and work with men.

Training covers:

Why do we need a specific focus on men's health?

Gender and health

Factors that influence men's health

How to engage with men using brief intervention and motivational interviewing techniques



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Specifically, on completion of the training programme, participants will:

Understand the broad determinants of men's health, including how gender influences men's approach to looking after their own health.

Understand how best practice guidelines in working with men should be used to engage more effectively with health and social services and with health programmes.

Be aware of the barriers and prompts experienced by men when accessing health and social services.

Be aware of how to set up and support effective group work with men.



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Title:

Name:

Address:

Email:

Tel:

Mob:

Special Requirements:

Line Manager: Line Manager's Signature:

Job Title: Directorate:

Please return the completed form by Monday 4th March 2013 to the address below or by fax to **028 7186 5128**

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